Access

PACIFICO Yokohama Access & Area Map
Easy access from all over the world.

5 minutes on foot from Minato Mirai Station
(Minato Mirai Line, direct link to Tokyo Toyocho Line and Fukutoshin Line)

12 minutes on foot, 11 minutes by bus,
5 minutes by taxi from Sakuragicho Station
(JR Keihin Tohoku Line and Yokohama Municipal Subway)

10 minutes by taxi, 10 minutes by Sea Bass (boat) from Yokohama Station
(JR Tokaido Line, Yokosuka Line, Keihin Tohoku Line and Shonan Shinkansen Line, Keikyu Line, Sotobu Line and Airport Limousine Bus)

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Program committee
Takahashi T.(Chair)    Itoh H. (Vice-Chair)    Momomura S.(Vice-Chair)
Tajima A.    Nagashima Y.    Namaasu Y.    Maeda T.    Makita S.    Matsunaga A.    Yoshida T.    Watanabe S.

External program committee
Yumino D.    Kimura M. (International communication committee, chairperson)    Fukumura N. (Academic committee, chairperson)

Congress office
Tokyo University of Technology: Kusaka S.    Kutsuna T.
Program

General meeting

Board meeting

Chairperson’s lecture

Seamless cardiac rehabilitation from hospital to community  Speaker:Tetsuya Takahashi (Congress Chairperson)

Key note lecture

ME-BYO  Speaker: Yui Kuniwa (Governor of Kanagawa Prefecture)
ME-BYO (Special Advisor of Kanagawa Prefecture)  Speaker: Yasuo Ootani (Special Advisor of Kanagawa Prefecture)
To Olympic, from Olympic  Speaker: Ichiro Kono (Japan Olympic Committee)

Special symposium

“STOP CVD” as a national policy – toward realization of a society of health and longevity – Chairs: Nagai R./Itoh H.
Specific measures for “STOP CVD” exploring from national/regional registry research Chairs: Daida H./Shimokawa H.
How to maintain the results of cardiac rehabilitation – prevention of recurrence, severity, and frailty – Chairs: Imaizumi T./Kamiya K.

Invited overseas lecture

Sarcopenia in heart failure Speaker: Stefan Anker (Charité University)
A role of cardiopulmonary exercise test in cardiac rehabilitation Speaker: Miguel Mendes (Instituto do Coração)
Field walking tests and functional exercise tests for patients with cardiopulmonary disease Speaker: Sue Jenkins (Curtin University)

Special lecture

JACR President’ s special lecture Speaker: Goto Y.

Symposium

Cardiac rehabilitation to sports cardiology toward Tokyo Olympic 2020 Chairs: Nohara R./Makita S.
Medical education and cardiac rehabilitation Chair: Yamashina A.
Heart failure and cardiac rehabilitation Chairs: Tsutsui H./Minatoguchi S.
Supporting severe heart failure at home Chairs: Yumino D./Sekino H.
Cardiac rehabilitation in the advanced care Chairs: Yumino D./Higo T.
Revision of the medical insurance system 2018 – future prospects of rehabilitation medicine – Chairs: Kohzuki M./Koyama T.

Related society joint session

Japanese College of Cardiology Chairs: Satoh T./Tamura Y.
Japanese Heart Rhythm Society Chairs: Kobayashi Y./Shirashti H.
Japanese Society of Renal Rehabilitation Chairs: Kohzumi M./Matsunaga A.
Japanese Society for Respiratory Care and Rehabilitation Chairs: Tanabe N./Ebihara S.
Japanese Association of Cardiovascular Intervention and Therapeutics Chairs: Koba S./Yokoi K.
Kanagawa Society for Nutrition of Heart Failure, Kansai Society for Nutrition of Heart Failure Chairs: Akashi Y./Ozasa N.
Japanese Society of Cardiovascular Physical Therapy Chairs: Watanabe S./Yamada S.
Japanese Association of Medical Technologists Chairs: Tajima A./Maeda T.
Japanese Association of Cardiovascular Nursing Chairs: Miyawaki I./Yoshida T.
Japanese Health Promotion & Fitness Foundation Chairs: Shimomitsu T./Katagiri T.

Panel discussion

Phase I cardiac rehabilitation for elderly patients with frailty Chairs: Shimokawa T./Sukarada K.
New challenge of phase I cardiac rehabilitation Chairs: Kakei A./Ito H.
Intensive care and cardiac rehabilitation Chairs: Takase B./Morisawa T.
Treatment of heart failure Up-to-date – utilization of IoT monitoring device to cardiac rehabilitation – Chairs: Asano H./Kiita T.
Application of sports nutrition for frailty and sarcopenia Chairs: Nagayama M./Sato M.
How to adopt ‘perspective of life’ into cardiac rehabilitation Chairs: Sakura S./Namasyu Y.
Master the frailty, sarcopenia, and cachexia Chairs: Oikita K./Sato M.
Translational heart failure research in cardiac rehabilitation – from basis to practice – Chairs: Suzuki H./Ito T.
Structural Heart Disease Intervention Up-to-date Chairs: Nagayama M./Akashi Y.
Introduction of Smart Wellness Community Chairs: Kurosaka S./Itoh H.
Thinking about congenital heart disease from the aspect of physical activity cardiac rehabilitation Chairs: Oikita K./Ito T.
Innovation in PAD rehabilitation Chairs: Yasu T./Oguchi H.

Cardiac rehabilitation meets the physical therapy

Therapeutic exercise for muscle weakness – theory and practice of resistance training – Speaker: Ichihashi N.
Harmony between cognitive neuroscience and cardiac rehabilitation Speaker: Morisaka S.

U40 special program

Consider “quality” of heart failure rehabilitation through case studies Chairs: Taniguchi T./Kono Y.

Educational demonstration

Basic and prescription of resistance training and interval training for cardiac disease (lecture and workshop) Speakers: Saitoh M./Kamiya K.
Exercise prescription using cardio pulmonary exercise test (lecture and workshop) Speakers: Itoh H./Adachi H./Maeda T.

Academic committee special program

Pitfall of statistical analysis commonly used in cardiac rehabilitation Speaker: Tsukahira E.
Topics in angiology and cardiac rehabilitation – academic research in cardiac rehabilitation – Chairs: Fukuma N./Saku K.

Pros and Cons

Rehabilitation for patients with severe heart failure – nutrition? exercise? – Chairs: Yamamoto K./Akashi Y.

Cardiovascular basic lecture

Diabetes mellitus and cardiac rehabilitation Speaker: Masuda I.
Anlagting and cardiac rehabilitation Speaker: Minamino T.
Cardiac rehabilitation for dyslipidemia and atherosclerosis Speaker: Koba S.
Sexual difference and cardiac rehabilitation Speaker: Yokoyama M.
Osteoporosis and cardiac rehabilitation Speaker: Hayashi H.
Sleep apnea and cardiac rehabilitation Speaker: Adachi T.
Cardiac rehabilitation for the patients with cardiovascular disease and cancer Speaker: Majima T.
Understanding the statement on treatment for elderly patients with heart failure Speaker: Khara Y.
Understanding the standard program of cardiac rehabilitation for heart failure Speaker: Iwata H.
Application of physical findings for cardiac rehabilitation Speaker: Shiraishi T.
Application of echocardiographic image for cardiac rehabilitation Speaker: Ishida T.
Application of “Waan therapy” for cardiac rehabilitation Speaker: Miyaoka T.
Application of blood vessel evaluation for cardiac rehabilitation Speaker: Tsushida H.
Application of imaging findings (X-ray and CT) for cardiac rehabilitation Speaker: Kita T.
Application of electrocardiogram for cardiac rehabilitation Speaker: Omiya K.
Application of drug knowledge for cardiac rehabilitation Speaker: Sato Y.
Tips of nutrition education Speaker: Miyajima I.
Tips of counseling – what a certified psychologist can do or not – Speaker: Ishihara S.
Tips of non-smoking guidance Speaker: Morishita Y.
Tips of instruction to the patients with dementia Speaker: Hasegawa E.
Tips of comprehension and intervention for frailty resulted from heart failure Speaker: Yamao S.
Tips of promoting regional collaborations smoothly Speaker: Yoshida C.
CPX video live seminar – tips of interpreting CPX – Speakers: Kimata M./Miki K.

How to session

Group-based therapeutic exercise using dance exercise Chairs: Manayama Y./Tajima A.
Reply to the psychological problems of patients and families Chair: Ishihara S.

Group discussion

Case conference Chairs: Shinbo M./Matsumura S.
Consider the safety of patients Speaker: Matsumoto T.

International session

(1) JACR-EAPC joint session (2) ASIA Prevent 2018 (3) International session (oral and poster)

General presentation

(1) YIA session(doctor and non-doctor) (2) Oral presentation (3) Poster presentation (4) Student session

Exhibition

Luncheon